

Nadia's big passion is music. She loves spending the weekend at her dad's house listening to all his favourite records. Nadia's dad keeps a huge record collection – she would look forward to flipping through them, playing ones that caught her eye and discovering new music she has not heard before.

After being diagnosed with schizophrenia, listening to music can be a demanding task for Nadia. She has been experiencing some positive and negative symptoms, and has struggled to spend enough time with her dad.

Recently, Nadia's doctor suggested switching her medication from oral aripiprazole to Abilify Maintena® (aripiprazole once-monthly) to provide more control of her positive and negative symptoms.²

Abilify Maintena® Two Injection Start*† is an alternative initiation option, allowing patients to start directly with Abilify Maintena® without the need for the 14-day oral supplement vs. one injection start.^{1*}

Nadia is now well enough to spend more time with her dad and looks forward to discovering more new music.

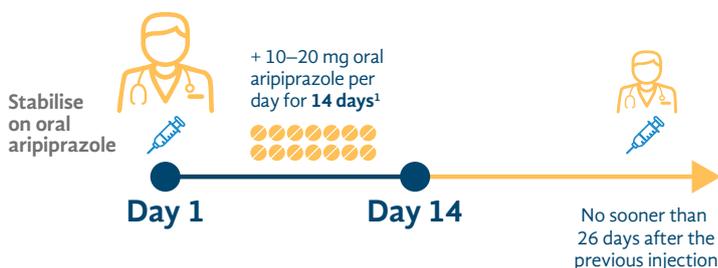
Consider starting your suitable patients on the Abilify Maintena® Two Injection Start¹ and help patients like Nadia take small steps to bring achievable moments back into their lives. Please see Abilify Maintena® SmPC for more information.¹



Patient names and imagery used are fictitious and do not represent a real patient.

With Two Injection Start the 14-day oral supplement is no longer required vs. one injection start¹

ONE injection start



TWO injection start



Alternative initiation regimen consists of two injections of Abilify Maintena® (400 mg) at separate gluteal and/or deltoid injection sites, together with a single dose of 20 mg oral aripiprazole, on the first day of treatment. Based on pharmacokinetic assessments, the new initiation regimen is expected to be similar in safety profile vs. the one injection start^{1,3§}



*Abilify Maintena® injection is given on day 1 as a Two Injection Start and an additional dose of 20 mg oral aripiprazole. The second dose is scheduled no sooner than 26 days after initiation. For patients who have never taken aripiprazole, tolerability with oral aripiprazole must occur prior to initiating treatment with Abilify Maintena®. †Two Injection Start dose is two 400 mg injections into two separate deltoid muscles or one deltoid and one gluteal muscle (CYP2D6 poor metabolisers; NOT to be injected into two gluteal muscles) with one single dose of oral aripiprazole. Two Injection Start is not to be used in known CYP2D6 poor metabolisers concomitantly using a strong CYP3A4 inhibitor. Please refer to the SmPC for further information. ‡For known CYP2D6 poor metabolisers the starting dose should be two 300 mg injections administered in either two separate deltoid muscles or one deltoid and one gluteal muscle along with one single dose of the previous prescribed dose of oral aripiprazole – DO NOT inject into two gluteal muscles. Two injection start is not to be used in known CYP2D6 poor metabolisers concomitantly using a strong CYP3A4 inhibitor.¹ §Based on the study conducted to investigate safety and tolerability of a single high dose formulation of aripiprazole LAI administered to the gluteal site of administration. Dose not stated here as it is higher than licensed doses.³⁻⁵

CYP, cytochrome P; EU, European Union; GB, Great Britain; LAIs, long acting injectables.

References: 1. Abilify Maintena® (aripiprazole once-monthly) Summary of Product Characteristics. Available at: https://www.ema.europa.eu/en/documents/product-information/abilify-maintena-epar-product-information_en.pdf and <https://www.medicines.org.uk/emc/product/7962/smpc#pref> [Accessed: August 2021]. 2. Fleischhacker WW, et al. *Br J Psychiatry* 2014;205:135–144. 3. Wang Y, et al. *Curr Med Res Opin.* 2021;1. Available at: <https://www.tandfonline.com/doi/full/10.1080/03007995.2021.1965974> [Accessed: August 2021]. 4. Data on File. Otsuka UK/Pharma Europe Ltd. The Alternative Initiation Regimen With Prior Oral Aripiprazole Stabilization. Safety. OPE-AM-2100011. March 2021. 5. Data on File. Otsuka UK/Pharma Europe Ltd. The Alternative Initiation Regimen With Prior Oral Aripiprazole Stabilization. Efficacy. OPE-AM-2100010. March 2021.

ABILIFY® (aripiprazole) PRESCRIBING INFORMATION – ABILIFY® TABLETS, ABILIFY® ORODISPERSIBLE TABLETS, ABILIFY® ORAL SOLUTION, ABILIFY® SOLUTION FOR INJECTION (INTRAMUSCULAR (IM)), ABILIFY MAINTENA® POWDER AND SOLVENT FOR PROLONGED-RELEASE SUSPENSION FOR INJECTION, ABILIFY MAINTENA® POWDER AND SOLVENT FOR PROLONGED-RELEASE SUSPENSION FOR INJECTION IN PRE-FILLED SYRINGE.

Please refer to the full Summary of Product Characteristics (SmPC) before prescribing.

PRESENTATIONS: Tablets: 5mg, 10mg, 15mg, 30mg; **Orodispersible tablets:** 10mg, 15mg, 30mg; **Oral solution:** 1mg/ml; **Solution for injection (IM):** Vial with 9.75mg aripiprazole (7.5mg/ml); **Powder and solvent for prolonged-release suspension for injection:** Vial with 300mg or 400mg aripiprazole; Pre-filled syringe with 300mg or 400mg aripiprazole. **INDICATIONS; Oral formulations:** Treatment of schizophrenia in adults and adolescents aged 15 years and older; **7.5mg/ml solution for injection (IM):** Rapid control of agitation and disturbed behaviours in adults with schizophrenia, when oral therapy is not appropriate. Treatment with aripiprazole solution for injection should be discontinued as soon as clinically appropriate and use of oral aripiprazole should be initiated; **Prolonged-release suspension for injection:** Maintenance treatment of schizophrenia in adults stabilised with oral aripiprazole. **DOSAGE: Oral formulations: Adults:** Recommended starting dose 10 or 15mg once a day, maintenance dose 15mg once a day without regard to meals. Aripiprazole is effective in a dose range of 10 to 30mg once a day. Enhanced efficacy at doses higher than 15mg daily has not been demonstrated although individual patients may benefit from higher dose. Maximum daily dose should not exceed 30mg. **Adolescents (>15 years old):** Initiate at 2mg (using oral 1mg/ml solution) for 2 days, titrate to 5mg for 2 further days to reach recommended daily dose of 10mg. If needed, dose can be increased in 5mg increments, maximum daily dose 30mg. Enhanced efficacy at doses higher than 10mg daily has not been demonstrated although individual patients may benefit from higher dose. **7.5mg/ml solution for injection (IM):** Recommended initial dose 9.75mg (1.3ml), administered as single IM injection into deltoid or deep into gluteus maximus muscle (should not be administered intravenously or subcutaneously). Effective dose range 5.25mg-15mg as a single injection. Lower dose of 5.25mg (0.7ml) may be given on basis of clinical status – which should include consideration of medicines already given either for maintenance or acute treatment. A second injection may be administered 2 hours after the first injection, based on clinical status. No more than 3 injections should be given in 24 hours. Maximum daily dose of aripiprazole is 30mg (including all Abilify® formulations). If continued treatment indicated with oral aripiprazole, see SmPCs for oral aripiprazole preparations. **Prolonged-release suspension for injection:** For patients who have never taken aripiprazole, tolerability with oral aripiprazole must occur prior to initiation. Abilify Maintena® is only intended for IM use and should not be administered intravenously or subcutaneously. Starting dose can be administered as one injection start or as two injection start. **One injection start:** On the day of initiation, administer one injection of 400mg Abilify Maintena® and continue treatment with 10mg to 20mg oral aripiprazole per day for 14 consecutive days to maintain therapeutic aripiprazole concentration during initiation of therapy. Suspension should be injected slowly as a single injection (doses must not be divided) into gluteal or deltoid muscle (care should be taken to avoid inadvertent injection into a blood vessel). **Two injection start:** On the day of initiation, administer two separate injections of 400mg Abilify Maintena® at separate injection sites (see SmPCs for method of administration), along with one 20mg dose of oral aripiprazole. If initiating with the two injection start, inject into two different sites in two different muscles. DO NOT inject both injections concomitantly into the same deltoid or gluteal muscle. For known CYP2D6 poor metabolisers administer in either two separate deltoid muscles or one deltoid and one gluteal muscle. DO NOT inject into two gluteal muscles. After either the one or the two injection start, the recommended maintenance dose of Abilify Maintena® is 400mg once monthly as a single injection (no sooner than 26 days after the previous injection). Consider reducing dose to 300mg once monthly if adverse reactions experienced. **SPECIAL POPULATIONS: Hepatic impairment:** No dose adjustment required for mild-moderate hepatic impairment. Manage dose cautiously in severe hepatic impairment. **Oral formulations and 7.5mg/ml solution for injection (IM):** Maximum daily dose of 30mg should be used with caution in patients with severe hepatic impairment. **Prolonged-release suspension for injection:** Oral formulation preferred in severe hepatic impairment. **Renal impairment:** No dose adjustment required. **Elderly:** Safety and efficacy not established in patients ≥ 65 years old. Consider a lower starting dose (oral formulations and 7.5 mg/ml solution for injection (IM)). **Paediatrics: Oral formulations:** Safety and efficacy below 15 years of age not established and use in <15 years not recommended. **7.5mg/ml solution for injection (IM) and prolonged-release suspension for injection:** Safety and efficacy in children and adolescents aged 0-17 not established. **All formulations:** For advice on use with CYP2D6 inhibitors or CYP3A4 inhibitors or inducers see SmPCs. For Abilify Maintena®, see SmPC for instructions on missed doses, reconstitution and injection procedure. **CONTRAINDICATIONS:** Hypersensitivity to active substance or excipients. **WARNINGS AND PRECAUTIONS: All formulations:** During antipsychotic treatment, improvement in clinical condition may take days to weeks – monitor closely. **Suicidal behaviour** has been reported early after initiation or switch of antipsychotic treatment – closely supervise high risk patients. Use with caution in patients with known **cardiovascular disease, cerebrovascular disease** conditions predisposing to hypotension or hypertension, family history of **QT prolongation**, history of **seizure** disorder or have conditions associated with seizures. Extreme caution should be taken when concomitantly administering aripiprazole and stimulants. Oesophageal dysmotility and aspiration have been associated with aripiprazole and aripiprazole should be used cautiously in patients at risk for **aspiration pneumonia**. Cases of venous thromboembolism (VTE) have been reported with antipsychotics. All possible VTE risk factors should be identified before and during treatment and preventive measures taken. There were uncommon reports of treatment emergent dyskinesia during aripiprazole treatment. If signs and symptoms of **tardive dyskinesia** appear during treatment, reduce dose or discontinue. Symptoms can temporally deteriorate or even arise after treatment discontinuation. If signs and symptoms of **other extra pyramidal symptoms** appear e.g. akathisia or Parkinsonism, reduce the dose and monitor closely (except Abilify Maintena®). Rare cases of **neuroleptic malignant syndrome (NMS)** were reported in aripiprazole clinical trials. If patient develops signs and symptoms indicative of NMS or unexplained high fever without additional clinical manifestations of NMS, all antipsychotics, including aripiprazole, must be discontinued. May cause somnolence, postural hypotension, motor and sensory instability which may lead to falls. Caution when treating patients at higher risk e.g. elderly or debilitated patients – consider a lower starting dose. Not indicated for treatment of patients with **dementia-related psychosis**. **Hyperglycaemia** has been reported with aripiprazole. Observe for signs and symptoms of hyperglycaemia and monitor **diabetes mellitus** patients or those at risk of diabetes mellitus regularly for worsening glucose control. **Weight gain** has been reported post-marketing with oral aripiprazole, usually in those with significant risk factors. If weight gain is clinically significant, consider reducing dose. Increased urges can be experienced while taking aripiprazole and **inability to control urges** e.g. **gambling, sexual urges, compulsive shopping, binge or compulsive eating**. Patients or caregivers should be asked about development of new or increased urges. If urges develop during treatment, consider dose reduction or treatment cessation. Caution driving vehicles or using machines as sedation, somnolence, syncope, blurred vision or diplopia may occur. **Oral formulations:** Tablets and orodispersible tablets contain **lactose**. Should not be taken by patients with galactose intolerance, total lactase deficiency or glucose-galactose malabsorption. Orodispersible tablets contain aspartame, a source of phenylalanine which may be harmful to those with phenylketonuria. Orodispersible tablets contain sodium (< 1mmol/tablet). Oral solution and 7.5ml/ml solution for injection contain sodium (both contain <1mmol/dosage unit). Oral solution contains fructose and sucrose. Should not be taken by patients with fructose intolerance, glucose-galactose malabsorption or sucrose-isomaltase insufficiency. Oral solution contains methyl/propyl parahydroxybenzoate, which may cause allergic reactions. **7.5mg/ml solution for injection (IM):** Observe and monitor for orthostatic hypotension. Simultaneous administration with parenteral benzodiazepine may be associated with excessive sedation and cardiorespiratory depression. If given with parenteral benzodiazepine, monitor for excessive sedation and orthostatic hypotension. Safety and efficacy not evaluated in those with alcohol or medicinal product intoxication. **Prolonged-release suspension for injection:** Abilify Maintena® should not be used for acutely agitated or severely psychotic states when immediate symptom control needed. Abilify Maintena contains sodium (<1 mmol/dose). **INTERACTIONS: All formulations:** Aripiprazole has potential to enhance effect of certain antihypertensives. Caution when administering with alcohol or CNS medicines with overlapping effects such as sedation. Caution if administered with medicines known to cause QT prolongation or electrolyte imbalance. Monitor for serotonin syndrome if aripiprazole is used concomitantly with serotonergic medicines such as Selective Serotonin Reuptake Inhibitor (SSRI)/ Serotonin-Norepinephrine Reuptake Inhibitor (SNRI) or medicines known to increase aripiprazole concentrations. **All formulations:** For advice on use with CYP2D6 inhibitors or CYP3A4 inhibitors or inducers see SmPCs. **FERTILITY, PREGNANCY AND LACTATION:** Should not be used in pregnancy unless expected benefit clearly justifies potential risk to foetus. Neonates exposed to antipsychotics during third trimester of pregnancy at risk of reactions

including extrapyramidal and/or withdrawal symptoms: monitor carefully. Aripiprazole/metabolites are excreted in human milk. Make a benefit-risk decision whether to discontinue breastfeeding or discontinue/abstain aripiprazole therapy. **UNDESIRABLE EFFECTS:** For further details on adverse events, consult SmPC. **Oral formulations and 7.5mg/ml solution for injection (IM):** Common (≥1/100 to <1/10): Diabetes mellitus, insomnia, anxiety, restlessness, akathisia, extrapyramidal disorder, tremor, headache, sedation, somnolence, dizziness, vision blurred, constipation, dyspepsia, nausea, salivary hypersecretion, vomiting, fatigue. Uncommon (≥1/1000 to <1/100): Hyperprolactinaemia, hyperglycaemia, depression, hypersexuality, tardive dyskinesia, dystonia, diplopia, photophobia, tachycardia, orthostatic hypotension, hiccups, restless legs syndrome. For 7.5mg/ml solution for injection (IM) only: mouth dry, diastolic blood pressure increased. Frequency not known (cannot be estimated from the available data): Leukopenia, neutropenia, thrombocytopenia, allergic reaction (e.g. anaphylactic reaction, angioedema including swollen tongue, tongue oedema, face oedema, pruritus allergic, or urticaria), diabetic hyperosmolar coma, diabetic ketoacidosis, hyponatraemia, anorexia, suicide attempt, ideation or completed, pathological gambling, impulse-control disorder, binge eating, compulsive shopping, poriomania, aggression, agitation, nervousness, neuroleptic malignant syndrome, grand mal convulsion, serotonin syndrome, speech disorder, oculogyric crisis, sudden death unexplained, torsades de pointes, ventricular arrhythmia, cardiac arrest, bradycardia, venous thromboembolism (including pulmonary embolism and deep vein thrombosis), hypertension, syncope, aspiration pneumonia, laryngospasm, oropharyngeal spasm, pancreatitis, dysphagia, diarrhoea, abdominal discomfort, stomach discomfort, hepatic failure, hepatitis, jaundice, rash, photosensitivity reaction, alopecia, hyperhidrosis, rhabdomyolysis, myalgia, stiffness, urinary incontinence, urinary retention, drug withdrawal syndrome neonatal, priapism, temperature regulation disorder (e.g. hypothermia, pyrexia), chest pain, peripheral oedema, weight decreased, weight gain, alanine aminotransferase increased, aspartate aminotransferase increased, gamma-glutamyltransferase increased, alkaline phosphatase increased, QT prolonged, blood glucose increased, glycosylated haemoglobin increased, blood glucose fluctuation, creatine phosphokinase increased, drug reaction with eosinophilia and systemic symptoms (DRESS). **Prolonged-release suspension for injection:** Common (≥1/100 to <1/10): Weight increased, diabetes mellitus, weight decreased, agitation, anxiety, restlessness, insomnia, extrapyramidal disorder, akathisia, tremor, dyskinesia, sedation, somnolence, dizziness, headache, dry mouth, musculoskeletal stiffness, erectile dysfunction, injection site pain, injection site induration, fatigue, blood creatine phosphokinase increased. Uncommon (≥1/1000 to <1/100): Neutropenia, anaemia, thrombocytopenia, neutrophil count decreased, white blood cell count decreased, hypersensitivity, blood prolactin decreased, hyperprolactinaemia, hyperglycaemia, hypercholesterolaemia, hyperinsulinaemia, hyperlipidaemia, hypertriglyceridaemia, appetite disorder, suicidal ideation, psychotic disorder, hallucination, delusion, hypersexuality, panic reaction, depression, affect lability, apathy, dysphoria, sleep disorder, bruxism, libido decreased, mood altered, dystonia, tardive dyskinesia, Parkinsonism, movement disorder, psychomotor hyperactivity, restless legs syndrome, cogwheel rigidity, hypertension, bradycardia, drooling, dysgeusia, parosmia, oculogyric crisis, vision blurred, eye pain, diplopia, photophobia, ventricular extrasystoles, bradycardia, tachycardia, electrocardiogram (ECG) T wave amplitude decreased, ECG abnormal, ECG T wave inversion, hypertension, orthostatic hypotension, blood pressure increased, cough, hiccups, gastroesophageal reflux disease, dyspepsia, vomiting, diarrhoea, nausea, abdominal pain upper, abdominal discomfort, constipation, frequent bowel movement, salivary hypersecretion, liver function test abnormal, hepatic enzymes increased, alanine aminotransferase increased, gamma-glutamyl transferase increased, blood bilirubin increased, aspartate aminotransferase increased, alopecia, acne, rosacea, eczema, skin induration, muscle rigidity, muscle spasms, muscle twitching, muscle tightness, myalgia, pain in extremity, arthralgia, back pain, joint range of motion decreased, nuchal rigidity, trismus, nephrolithiasis, glycosuria, galactorrhoea, gynaecomastia, breast tenderness, vulvovaginal dryness, pyrexia, asthenia, gait disturbance, chest discomfort, injection site reaction, injection site erythema, injection site swelling, injection site discomfort, injection site pruritus, thirst, sluggishness, blood glucose increased or decreased, glycosylated haemoglobin increased, waist circumference increased, blood cholesterol or triglycerides decreased. Frequency not known (cannot be estimated from the available data): Leukopenia, allergic reaction (e.g. anaphylactic reaction, angioedema including swollen tongue, tongue oedema, face oedema, pruritus, or urticaria), diabetic hyperosmolar coma, diabetic ketoacidosis, anorexia, hyponatraemia, completed suicide, suicide attempt, pathological gambling, impulse-control disorders, binge eating, compulsive shopping, poriomania, nervousness, aggression, neuroleptic malignant syndrome, grand mal convulsion, serotonin syndrome, speech disorder, sudden unexplained death, cardiac arrest, torsades de pointes, ventricular arrhythmias, QT prolongation, syncope, venous thromboembolism (including pulmonary embolism and deep vein thrombosis), oropharyngeal spasm, laryngospasm, aspiration pneumonia, pancreatitis, dysphagia, hepatic failure, jaundice, hepatitis, alkaline phosphatase increased, rash, photosensitivity reaction, hyperhidrosis, rhabdomyolysis, urinary retention, urinary incontinence, drug withdrawal syndrome neonatal, priapism, temperature regulation disorder (e.g. hypothermia, pyrexia), chest pain, peripheral oedema, blood glucose fluctuation, drug reaction with eosinophilia and systemic symptoms (DRESS). **OVERDOSE: All formulations:** Supportive therapy, maintaining an adequate airway, oxygenation and ventilation, management of symptoms with cardiovascular monitoring, including continuous electrocardiographic monitoring with close medical supervision and monitoring. For oral formulations, activated charcoal administered may be effective in treatment of overdose.

LEGAL CATEGORY: Prescription Only Medicine (POM).

MARKETING AUTHORISATION (MA) NUMBER: Abilify® tablets: EU/1/04/276/001-020; Abilify® orodispersible tablets: EU/1/04/276/024-032; Abilify® 1 mg/ml oral solution: EU/1/04/276/033-035; Abilify® 7.5 mg/ml solution for injection (IM): EU/1/04/276/036; Abilify Maintena® powder and solvent for prolonged release suspension for injection: EU/1/13/882/001-004, pre-filled syringe: EU/1/13/882/005-008.

MA HOLDER: Otsuka Pharmaceutical Netherlands B.V., Herikerbergweg 292, 1101 CT, Amsterdam, The Netherlands.

PRESCRIBING INFORMATION DATE: August 2021

Adverse events should be reported to the relevant regulatory authorities. A list of the relevant regulatory authorities is available on request from Otsuka Pharmaceutical Europe Ltd.

Adverse events should also be reported to Otsuka Pharmaceutical Europe Ltd. by email to vigilance@otsuka-europe.com

Example Price, UK: Abilify® tablets: 28 tablets: 5mg (EU/1/04/276/002) £96.04, 10mg (EU/1/04/276/007) £96.04, 15mg (EU/1/04/276/012) £96.04, 30mg (EU/1/04/276/017) £192.08; Abilify® orodispersible tablets: 28 tablets: 10mg (EU/1/04/276/025) £96.04, 15mg (EU/1/04/276/028) £96.04; Abilify® 1 mg/ml oral solution: 150ml (EU/1/04/276/034) £102.90; Abilify® 7.5 mg/ml solution for injection 1.3ml vial (EU/1/04/276/036) £3.43; Abilify Maintena® prolonged release suspension for injection 400mg: powder and solvent: (EU/1/13/882/002) £220.41; pre-filled syringe: (EU/1/13/882/006) £220.41.

For reference in Denmark:

PACK SIZES: Tablets: 5 mg: 28 tabs, 56 tabs; 10 mg: 28 tabs, 56 tabs; 15 mg: 28 tabs, 56 tabs; 30 mg: 28 tabs, 56 tabs. Orodispersible Tablets: 10 mg 28 tabs, 15 mg 28 tabs. Oral solution: 1 mg/ml 150 ml. Solution for Injection: 7.5 mg/ml. 400 mg powder and solvent for prolonged-release suspension for injection, suspension in vial (single pack) and in pre-filled syringe (single pack, multipack).

REFERENCE TO CURRENT PRICE: www.medicinpriser.dk

DISPENSING GROUP: B

REIMBURSEMENT STATUS: general reimbursement (tablets), conditional reimbursement (orodispersible tablets, oral solution, powder and solvent for prolonged-release suspension for injection), non-reimbursement on Solution for Injection.

OPE-AM-2100104; DOP: August 2021